CLAIMS

What is claimed is:

1 1. A method comp	orising:
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- forming a lower cladding layer, said lower cladding layer having at least
- 3 one waveguide support;
- 4 forming a core material onto said waveguide support; and
- 5 forming an upper cladding layer over said core material.
- 1 2. The method of Claim 1 wherein said upper cladding layer and said
- 2 lower cladding layer surround said core material.
- 1 3. The method of Claim 1 wherein said core material is formed to be
- 2 a substantially triangular shape.
- 1 4. The method of Claim 1 wherein said core material is deposited
- 2 using a high density plasma chemical vapor deposition (HDPCVD) process.
- 1 5. The method of Claim 1 wherein said core material is an oxide.
- 1 6. The method of Claim 1 wherein said lower cladding layer is
- 2 formed by:
- 3 blanket depositing lower cladding material onto a substrate; and
- 4 patterning and etching said lower cladding material to form said
- 5 waveguide support.

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1	7.	The method of Claim 1 wherein said core material is formed to be	
2	a substantially semi-circular shape.		
1	8.	The method of Claim 1 wherein said core material is doped with a	
2	rare earth element.		
1	9.	The method of Claim 1 wherein said core material and said upper	
2	cladding layer is deposited in situ with each other.		
1	10.	The method of Claim 1 wherein said waveguide support has a	
2	width much less than a height.		
1	11.	A method comprising:	
2	forming a lower cladding layer, said lower cladding layer having at least		
3	one waveguide support;		
4	formin	g a core material onto said waveguide support using a high density	
5	plasma chemical vapor deposition (HDPCVD) process, wherein said core material		
6	is an oxide; and		

forming an upper cladding layer over said core material, wherein said

upper cladding layer and said lower cladding layer surround said core material.

1	12.	The method of Claim 11 wherein said lower cladding layer is	
2	formed by:		
3	blanke	et depositing lower cladding material onto a substrate; and	
4	pattern	ning and etching said lower cladding material to form said	
5	waveguide support.		
1	13.	The method of Claim 11 wherein said core material is doped with a	
2	rare earth element.		
1	14.	The method of Claim 11 wherein said core material is formed to be	
2	a substantially triangular shape.		
1	15.	The method of Claim 11 wherein said core material is formed to be	
2	a substantially semi-circular shape.		
1	16.	The method of Claim 11 wherein said core material and said upper	
2	cladding layer is deposited in situ with each other.		
1	17.	An optical waveguide comprising:	
2	a lower cladding layer, said lower cladding layer having at least one		
3	waveguide support;		
4	an oxide core material formed into a substantially triangular shape onto		
5	said waveguide support; and		
6	an upper cladding layer formed over said core material.		

- 1 18. The waveguide of Claim 17 wherein said core material is deposited
- 2 using a high density plasma chemical vapor deposition (HDPCVD) process.
- 1 19. The waveguide of Claim 17 wherein said core material is doped
- 2 with a rare earth element.